



FAS Summit 2005

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Nov. 1, 2005

Dear Summit Participants:

Honoring our Past, Shaping our Future is this year's theme for our 8th annual FAS Summit. The theme was specifically selected to focus on this new era in Alaska's fetal alcohol spectrum disorders agenda. As you know, in 1997 Alaska began its renewed efforts to address issues related to prenatal alcohol exposure and the resulting birth defects and disabilities that result when a woman drinks alcohol during pregnancy. Our first Summit was held in November 1997 and this year we are holding our eighth and final FAS Summit. The hard work that has occurred over the past eight years and the continuing work that is before us are all being celebrated this year at our FAS Summit 2005—we are both honoring our past and shaping our future. While there is still much to be accomplished, the work that we have done, the improved knowledge and skills that our provider community has gained and the importance we have bought to this critical issue has resulted in tremendous progress.

Since October 2000, the State of Alaska has been the recipient of a 5-year \$29 million grant from the federal Substance Abuse and Mental Health Services Administration (SAMHSA). These funds were the result of a direct appropriation from Senator Ted Stevens who recognized the need for improved and more concentrated efforts to both prevent alcohol-related birth defects and to improve services for those individuals and families affected by an FASD. These funds were the state's opportunity to develop a solid foundation for service improvements and to develop a "blueprint" for a continuing and sustainable statewide FASD agenda. On September 30th our SAMHSA grant officially ended, although we have requested a no-cost extension to continue a portion of our work through fiscal year 2006. In addition, the Alaska legislature approved \$596,000 in new state funds to continue FASD diagnostic services through our statewide diagnostic team network.

To begin shaping our next steps the DBH Office of FAS held four (4) regional planning summits to ask our community partners what is working well, where the gaps in service delivery are and what direction we should take in the near future. During the next few days we will present the findings from these four summits and begin a dialogue to frame our next steps and to outline a plan for continuing the progress we have made since 1997.

Thank you for your hard work, energy and commitment to continued improvement of our state's FASD agenda and progress in preventing FASD for our future generations. Enjoy the Summit!

Most sincerely,



L. Diane Casto
Manager
DBH Prevention & Early Intervention Services

General Information

Questions?

The registration table, located in the lobby of the Egan Center, will be staffed throughout the three days and will be able to answer any conference related questions.

Exhibits

Exhibits will be located in the lower lobby of the Egan Center. This area will be hosting information and resource booths for programs and materials related to FASD.

Cell Phones and Beepers

Please remember to turn them off or on "silent" while you are attending Summit workshops, luncheons, etc.

Continuing Education Credits

The professional associations with which Summit participants are affiliated each have different requirements for CEUs. Summit participants will be provided with a Certificate of Attendance, which may be used to get continuing education credits in your field.

The Office of FAS has provided the required documentation to apply for credit approval for:

Teachers (Teacher Education and Certification, D.E.E.D.)

Substance Abuse Counselors (Alaska Commission for Chemical Dependency Professionals Certification)

Social Workers (Continuing education for the FAS/E Summit 2005 is approved by the National Association of Social Workers Alaska Chapter for 12.5 contact hours for Alaska licensed professional social workers, marriage and family therapists, and professional counselors.)

Additional contact hours information is available at the registration desk.

Certificates of Attendance

Certificates of Attendance are pre-signed and located in your conference book.

Business Services:

E-mail, Fax, Internet & Photocopies

Available at Kinko's Business Center in the Anchorage Hilton, lobby level, next to elevators. Phone: (907) 677-0444

▲ Internet (e-mail) service: \$ 0.20 per minute (\$12.00 per hour)

▲ Docking stations are available (to print from a laptop computer)

FAS Summit Info

"Reader boards" are on the lobby level and lower lobby of the Egan Center. These list all events at the Egan Center for the day, including Summit events, times, rooms.

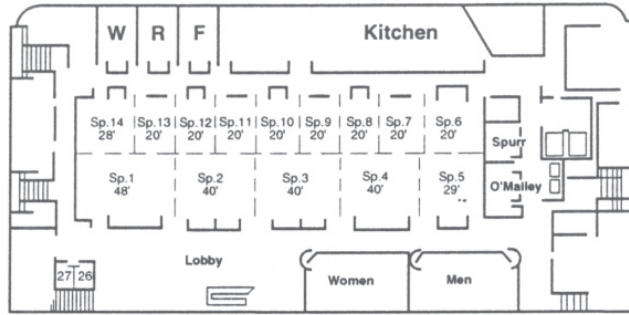
First Aid or Other Emergency:

While at the Hilton call Security (7018) on hotel phones.

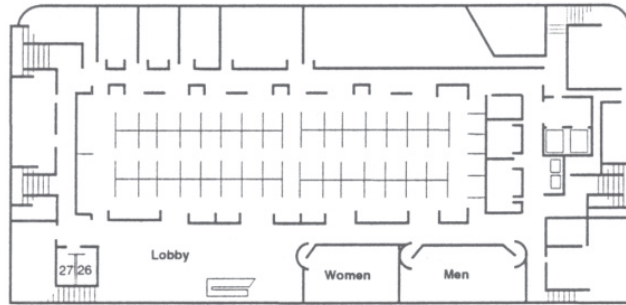
While at the Egan Center call 263-2856.

The Egan Center:

Summit Hall

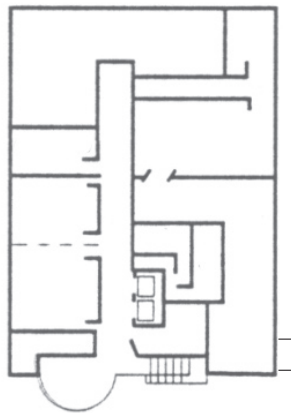


Lobby Level



Lower Level/Summit Hall

Mezzanine



Agenda

Nov. 1 Tuesday

- 11:00 am Registration
- 1:00 pm Opening and Welcome-
Karleen Jackson, Dept. of Health and Social Services, Commissioner
Cristy Willer, Director of Behavioral Health
L. Diane Casto, Manager of Prevention and Early Intervention
- 1:30 pm Keynote Presentation by Rob Wybrecht (Rob Wybrecht was the first infant diagnosed with FAS in Michigan, in 1973. As Rob grew older he wanted to become part of the solutions of the FASD puzzle. He has been involved in the areas of prevention as well as intervention. His bumper stickers patterned after bus signs in Seattle can be seen throughout the US and have found their way to Capetown, South Africa, and Paris France. He was also featured on the video, Students Like Me and now serves on the steering committee for the FASD Center for Excellence, under SAMHSA. He is the first consumer to be on a national committee for FASD.)
- 1:45 - 3:00 pm Plenary Session, Many Doors, No Master Keys
Julie Gelo, Cheri Scott, and various Audience Members
- 3:00 pm Break
- 3:30 - 5:00 pm Workshops: Group A
- 5:30 - 7:00 pm Reception at Hilton and Registration
Conference participants, presenters and National FASD Steering Committee members are invited to attend a reception in the Hilton's Alaska Ballroom. Registration for the summit will also be made available.

Nov. 2 Wednesday

- 8:00 - 10:00 am Registration
- 8:30 am Introduction and brief History of Alaska's FASD Project, L. Diane Casto, DHSS, DBH
- 9:00 - 10:00 am Statewide FASD Plan
Presentation of Statewide FASD Plan developed from four regional summits held in May and June 2005,
Sherry Modrow and Brenda Holden, Information Insights
- 10:00 am Break
- 10:30 am Statewide Diagnostic Data and "Teamwork" Presentation, Christaine Brems PhD., Sarah Dewane and Sherri Scott, UAA, Behavioral Health Research Services
- 11:30 am Box lunch The Regional Workshops and Rountable Discussions
- 1:00 pm Break
- 1:30 - 3:00 pm Workshops: Group B
- 3:00 pm Break
- 3:30 - 5:00 pm Workshops: Group C

Nov. 3 Thursday

- 8:30 - 10:00 am Workshops: Group D
- 10:00 am Break
- 10:30 - noon Workshops: Group E
- 12:30 pm Summit Luncheon
Announcement of Statewide poster contest winner
Award Ceremony
Honoring Alaska's Individual of the Year for excellence in the field of FASD services.
- 1:30 - 3:00 pm Plenary panel- Birth Mothers: Healing the Past; Building the Future, Kathy Mitchell, NOFAS and birth moms of children with a FASD.
- 3:00 pm Adjourn