

Area / Services	Contact / Title / Phone / Email	Provider Agency
Region 1		
Aniak Congregate & Home Delivered Meals, Assisted & Unassisted Transportation, Adult Day Services	Olga Perterson 675-4387 Congregate & Home Delivered Meals, Assisted & Unassisted Transportation, Adult Day Services	Kuskokwim Native Association
Bethel Congregate & Home Delivered Meals, Assisted & Unassisted Transportation, Adult Day Services-Chrissie Shantz Ctr	Thelma Kaganak, Director Senior Services 543-3989 tkaganak@nativecouncil.org	Orutsaramiut Native Council
Lower Kuskokwim Area Congregate & Home Delivered Meals	Marlis Fox, Food Service Technician 543-4844 marlis_fox@lksd.org	Lower Kuskokwim School District
Lower Kuskokwim Area Chore, Respite	Liz Lee, Coordinator 543-6123 Liz_Lee@ykhc.org	Yukon Kuskokwim Health Corporation
Region 2		
Fairbanks North Star Borough Homemaker	Freda Williams, Community Service Director 452-5225 commsvs1@alaska.net	Fairbanks Native Association
Fairbanks Adult Day Services, Care Coordination, Respite, Extended Respite, Chore	Jodi Irvine Program Director 456-8901 jodi@fra-alaska.net	Fairbanks Resource Agency
Fairbanks North Star Borough Congregate & Home Delivered Meals, Assisted & Unassisted Transportation	Lou Gross, Executive Director 452-1735 lgross@alaska.net	North Star Council on Aging, Inc
Fairbanks Care Coordination, Respite, Extended Respite, Chore, Alz Disease and Related Disorders Education, Support and Mini Grants, Family Caregiver Support.	Dulce Nobre 452-2277 or 1-800-478-1080 dnobre@alzalaska.org	Alzheimer's Disease Resource Agency
Minto Lakeview Lodge Congregate Meals	Sylvia Frank 798-7311 mintovillagecouncil@hotmail.com	Minto Village Council

Nenana	Vickie Moyle, Director/Grant Administrator 832-5818 nenana_seniors@yahoo.com	Nenana Tortella Council on Aging
Congregate & Home Delivered Meals, Assisted & Unassisted Transportation		
Tanana	Josephine Grant, Health Director 366-7160 slnicholia@aol.com	Tanana Tribal Council / Elders Residence
Congregate Meals, Senior Residential Services		
Upper Tanana, SC Region	Betty Denny, Program Director 883-5157 bdenny@aptalaska.net	Upper Tanana Development Corporation
Congregate & Home Delivered Meals, Assisted & Unassisted Transportation, Homemaker		
Interior Villages Served by TCC	Lisa Donat, RN, Director Home Care 452-8251 lisa.donat@tananachiefs.org	Tanana Chiefs Conference, Inc ext. 3443
Care Coordination, Family Caregiver Support, Respite, Chore		
Region 3		
Barrow	Cynthia Troop 852-0366 cynthia.troop@north-slope.org	North Slope Borough/ Department of Health & Social Services
Assisted & Unassisted Transportation		
Region 4		
Anchorage	Celeste Benson, Executive Director 258-7823 asc-director@ak.net	Anchor-Age Center
Nutrition & Health Education and Counseling		
Anchorage & Mat Su	Dulce Nobre, Executive Director 561-3313 dnobre@alzalaska.org	Alzheimer's Disease Resource Agency
Care Coordination, Respite, Extended Respite, Chore, Alz Disease & Related Disorders Education, Support & Mini Grants, Family Caregiver Support Program		
Anchorage	Liz Hunt, Program Director 346-2234 daybreak@alaska.net	Anchorage Community Mental Health, Inc.
Adult Day Services - Daybreak		
Anchorage	Jan Engan 349-0613 Jan_Engan@uswsalvationarmy.org	Salvation Army, Older Alaskans Program
Congregate & Home Delivered Meals, Assisted Transportation, Homemaker		

Anchorage Adult Day Services - Serendipity	Jesalyn Stanton, Executive Director 279-0501 jstanton@ak.net	Salvation Army
Municipality Bowl Area Unassisted Transportation	Jody Karcz, Transportation Director 343-8484 KarczJM@muni.org	Municipality of Anchorage, Public Transportation
Anchorage and Mat-Su Valley Retired Senior Volunteers Program Grandparents Raising Grandchildren	Barbara Campbell, RSVP Program Director 279-9674 bcampbell@ak.net Pat Cochran, Program Director 279-9634 voa-allstars@voaak.org	Volunteers Of America, Alaska, Inc
Chugiak-Eagle River Congregate & Home Delivered Meals, Assisted & Unassisted Transportation Adult Day Services	Konni Halford, Grants Management 688-2683 opsdir@mtaonline.net Sharon Butler, Program Coordinator 688-2691 cscads@mtaonline.net	Chugiak Senior Citizens, Inc
Region 5		
Cordova Congregate & Home Delivered Meals, Assisted & Unassisted Transportation	Shelley Balint, Project Director 424-8271 sbalint@cdvcmc.com	Cordova Senior Services
Greater Mat-Su Borough Congregate & Home Delivered Meals & Assisted Transportation, Care Coordination, Family Caregiver Support, Adult Day Services	Richard Tubbs, Program Director 745-5454 rtubbs@mtaonline.net	Palmer Senior Citizens Center, inc
Homer & 20 mile radius Congregate & Home Delivered Meals, Adult Day Services - The Friendship Center	Fred Lau, Administrator 235-7655 fred@homerseniors.org	Homer Senior Citizens, Inc

Houston, Big & Meadow Lakes	Leslie Wheeler, Director 892-6114 mvsc@mtaonline.net	Mid-Vally Seniors, Inc
Congregate & Home Delivered Meals		
Kenai	Rachael Craig, Director 283-4156 rcraig@ci.kenai.ak.us	City of Kenai /Senior Services
Congregate & Home Delivered Meals, Assisted & Unassisted Transportation		
Nikiski & Kenai Peninsula	Leigh Hagstrom-Sanger, Executive Director 776-7654 leigh@nikiskiseniorcenter.org	Nikiski Senior Citizens, Inc
Homemaker, Care Coordination, Chore		
Kenai & Soldotna	Linda Flowers, Program Director 283-7294 lflowers@cpcservices.org	Central Peninsula Counseling Services, Inc
Adult Day Services-Forget Me Not		
Mat-Su	Gail Spence or Annie Heintzman 746-3413 gspence@alzalaska.org	Alzheimer's Disease Resource Agency
Care Coordination, Respite, Extended Respite, Chore, Alz Disease and Related Disorders Education, Support and Mini Grants, Family Caregiver Support.		
Seldovia	Marcia Patrick, Program Manager 234-7898 mpatrick@svt.org	Seldovia Village Tribe
Congregate & Home Delivered Meals		
Seward, Lowell Point, Crown	Dana Paperman, Executive Director 224-5604 ssc@seward.net	Seward Senior Citizens, Inc
Point & point in between Congregate & Home Delivered Meals, Unassisted Transportation		
Soldotna, Funny River	Jan Fena, Executive Director 262-2322 solsrctr@alaska.net	Soldotna Area Senior Citizens, Inc
3/4 of Ridgeway area Congregate & Home Delivered Meals, Assisted & Unassisted Transportation, Family Caregiver Support, Respite		
Soldotna & Kenai Peninsula	Renee Graham, Program Contact 262-6331 renee_graham@fcsonline.org	Frontier Community Services
Care Coordination, Chore, Respite		

Sterling & 77square mile vicinity Information & Assistance	Judy Warren, Director 262.6826 sterlingseniorcenter@alaska.net	Sterling Area Senior Citizens, Inc
Valdez Congregate & Home Delivered Meals, Assisted & Unassisted Transportation	Sharon Keese, Program Manager 835-5032 vsccsr@gci.net	Valdez Senior Citizens Center, Inc
Wasilla Area Congregate & Home Delivered Meals	Robin Hall, Executive Director 376-3104 robinh@alaskaseniors.com	Wasilla Area Seniors, Inc
Region 6		
Unalaska and Dutch Harbor Congregate* & Home Delivered Meals, Assisted & Unassisted Transportation, Nutrition & Health Education	Lynn Lewis, Program Director 581-5195 unaksc@wisp.com	Unalaska Senior Citizens
Region 7		
Aleknagik-Dillingham Unassisted Transportation	Patricia Heyano, City Administrator 842-5953 cityalek@nushtel.com	City of Aleknagik
Bristol Bay Region Congregate & Home Delivered Meals, Care Coordination Care Coordination	Lucille Johnson, Director of Social Services 842-4139 ljohnson@bbna.com Carolyn Smith, Care Coordinator 842-4139 csmith@bbna.com	Bristol Bay Native Association
Dillingham Congregate & Home Delivered Meals, Assisted & Unassisted Transportation	Lauralee Mitchell, Director 842-1231 seniorcenter@dillinghamak.us	City of Dillingham Senior Center
Kodiak Island Congregate & Home Delivered Meals, Assisted & Unassisted Transportation, Nutrition Education Adult Day Services-Island Cove, Care Coordination, Chore, Respite, Family Caregiver Support	Patricia Branson, Executive Director 486-6181 scokinc@ak.net	Senior Citizens of Kodiak, Inc

Region 8

Kotzebue Kellie Haas, Elder Services Director **Maniilaq Association**
 442-7917 kellie.haas@maniilaq.org
 Congregate & Home Delivered Meals

Nome Norma Niclas, Director **Nome Community Center, Inc**
 443-5238 nutrition@nomecc.org
 Congregate & Home Delivered Meals, Assisted & Unassisted Transportation
 Shellene Castleman, Program Director
 443-4150 seniors@nomecc.org
 Adult Day Services-Munaqsri

Region 9

Angoon, Craig/Klawock, Haines, Marianne Mills, SESS Program Director **Catholic Community Services, Inc,**
 Hoonah, Hydaberg, Juneau, Kake 463-6154 marianne.mills@ccsjuneau.org (aka Southeast Senior Services)
 Sitka, Skagway, Wrangell, Yakutat
 Ketchikan, Saxman
 Congregate & Home Delivered Meals, Assisted & Unassisted Transportation, Homemaker
 Adult Day Services-The Bridge, Care Coordination, Family Caregiver Support (Care Coordination & Family Caregiver also in Ketchikan)

Juneau Dulce Nobre **Alzheimer's Disease Resource Agency**
 1-800-478-1080 or 561-3313 dnobre@alzalaska.org
 Alzheimer's Disease and Related Disorders Education, Support and Mini Grants

Ketchikan & Lisa Noland, Program Manager **Community Connections**
 Southern Prince of Wales 225-7825 lnoland@commconnections.org
 Care Coordination, Chore, Respite

Ketchikan Elena Rath, Program Director **Rendezvous Senior Day Services**
 247-1961 rendezvous@kpunet.net
 Adult Day Services

Petersburg Ms. Sammy Parker, Program Director **Mt View Food Services, Inc**
 772-4856 sam@gci.net
 Congregate & Home Delivered Meals

Petersburg, Wrangell, & Northern Prince of Wales Care Coordination, Chore, Respite, Extended Respite	Shanda Gregoroff 874-3375 shanda.gregoroff@akics.org	Alaska Island Community Services
Metlakatla Congregate & Home Delivered Meals	Janet Guthrie, Metlakatla Elderly Program 886-7191 micsr@aptalaska.net	Metlakatla Indian Community
Sitka, Juneau, Kake, Angoon Haines, Hoonah, Metlakatla Care Coordination, Chore, Respite	Wilma Gauthier, Program Director 747-6960 wgauthier@cfc.org	Center for Community
Statewide Services		
Statewide Senior Companion, Retired Senior Volunteer, Foster Grandparent/Elder Mentor Programs	Norm Brennan, Business Manager 375-2202 nbrennan@akcommunityservices.org	Alaska Community Services
Statewide Legal Services, Family Caregiver Support	Gregory Peters, Attorney 222-4509 gpeters@alsc-law.org	Alaska Legal Services Corporation
Statewide 1-800-478-1080 or Care Coordination, Respite, Extended Respite, Chore, Alz Disease and Related Disorders Education, Support and Mini Grants, Family Caregiver Support (for communities with no local program)	Dulce Nobre 561-3313 dnobre@alzalaska.net	Alzheimer's Disease Resource Agency
Statewide Senior Voice Monthly Publication	Ray Clements, Executive Director 276-1059 execdiropag@gci.net	Older Persons Action Group, Inc
Statewide Family Caregiver Support- Grandparents Raising Grandchildren	Tami Eller, Grandfamilies Network Coordinator 522-9866 grands@voak.org	Volunteers of America / Alaska