

**DRAFT**

Version 10/08/04

## CONTINUUM OF CARE “Master Matrix”

### LEVELS OF COMMUNITY\*

LEVELS OF COMMUNITY*					
Characteristics	Location of “Future” Regional Behavioral Health Authority				
	Level I: Frontier/Village	Level II: Sub-Regional Center or Town	Level III: Regional Center or Small City	Level IV Urban Center	Level V Metropolitan Area
<b>Government</b>	Community or city council, Native Council, incorporated city or unincorporated community.	Incorporated city, may have health powers and may provide health and social services.	Incorporated city or unified municipality, may have health powers and may provide health and social services.	Incorporated, home rule city or unified municipality; may have health powers and may provide health and social services.	Incorporated, home rule city, or unified municipality; may have health powers and may provide health and social services.
<b>Population</b>	25+ in immediate community.	500+ in immediate community; a sub-regional population of at least 1,500.	2,000+ in immediate community, providing services to a regional population of at least 5,000	25,000+ in immediate community providing services to a larger regional or statewide population	200,000+ in immediate community.
<b>Economy</b>	Subsistence, government services (e.g. school)	A developing private sector, some government services; provides some service to surrounding areas.	Regional trade and service center, mixed economy with multiple private and government employers.	Major trade and service center, broad based multi-sector economy.	Principal trade and service center; broad based, multi-sector economy.
<b>Health &amp; Social Services</b>	Community Health Aide, paraprofessional and itinerant services.	Health and social services may be provided by both the private and public sector, community clinic and mid-level provider or MD.	Health care and social service agencies, including both private and government programs; community hospital and physicians.	Multiple providers of health care and other services including both private and government programs; health care specialists; hospitals with full continuum of care.	Level IV plus highly specialized medical and rehabilitation services; specialized hospitals and consultive services.
<b>Access</b>	Usually, more than 60 minutes by year-round ground transportation from a Level II or III community; limited air and/or marine highway access to Level II or III community.	Usually less than 60 minutes by year-round ground transportation from a Level III community; marine highway or daily air access to closest Level III community; airline service to Level I communities in the area.	Daily air service to closest Level IV or V community; airline service to Level I and II communities in the region; road or marine highway access all year.	Daily airline service to Level II, III, IV, and V communities; road or marine highway access all year.	Daily airline service to Level II-IV communities; road or marine highway access all year.
<b>Communities</b>	Too numerous to list, includes Anvik, Eagle, Houston, Ruby, Hydaburg, Wales, Skagway, etc...	Aniak, Craig, Delta Junction, Tok, Emmonak, Fort Yukon, Galena, Haines, Hoonah, Hooper Bay, King Cove, King Salmon/Naknek, Nenana, McGrath, Metlakatla, Mountain Village/St. Mary’s, Sand Point, Togiak, Unalaska, Unalakleet, Glennallen/Copper Center	Barrow, Bethel, Dillingham, Homer, Kenai/Soldotna, Ketchikan, Kodiak, Kotzebue, Nome, Palmer/Wasilla, Sitka, Cordova, Petersburg, Wrangell, Valdez, Seward	Fairbanks, Juneau	Anchorage

\*Levels of Community Care is a document created by the Alaska Mental Health Board (rev.8/93). It is located in the Report of the Behavioral Healthy Integration Stakeholder Committee, p. 18.

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<b>Community Based Services</b>					
<b>I. Community Prevention / Education</b>	I. <u>Community Prevention/Education</u> a. Advocacy/self-help b. Prevention/intervention c. Community education d. Peer/Consumer/Client Support Services  (Note: ASAM Level 0..5: Early Intervention)	I. <u>Community Prevention/Education</u> 	I. <u>Community Prevention/Education</u> 	I. <u>Community Prevention/Education</u> 	I. <u>Community Prevention/Education</u> 
<b>II. Behavioral Health Services (a-g)</b>					
a. Outreach	a. Outreach	a. Outreach	a. Outreach	a. Outreach	a. Outreach
b. Emergency Services	b. Emergency Services i. Crisis Response ii. 24 hour telephone screening, assessment, triage iii. Crisis Intervention & Stabilization* 	b. Emergency Services 	b. Emergency Services 	b. Emergency Services 	b. Emergency Services 
c. Assessment	c. Assessment i. screening ii. evaluation/referral 	c. Assessment 	c. Assessment 	c. Assessment 	c. Assessment 
d. Outpatient (Clinic-Based) Services	d. Outpatient Services i. Face-to-Face assessment & triage (SA;MH; TBI) ii. Treatment Planning iii. Counseling (1:1; Group) (Note: ASAM Level I: OP Trtmnt) 	d. Outpatient Services i. Face-to-Face assessment & triage (SA;MH; TBI) ii. Treatment Planning iii. Counseling (1:1; Group) (Note: ASAM Level I: OP Trtmnt) 	d. Outpatient Services 	d. Outpatient Services 	d. Outpatient Services 

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e. Rehabilitation & Recovery Services	e. Rehabilitation/Recovery Services i. Case Management ii. Skill Development	e. Rehabilitation/Recovery Services i. Case Management ii. Skill Development iii. Day Treatment iv. School/home-based services v. Supported Living vi. individualized services <b>(Note: ASAM Level II: IOP)</b>	e. Rehabilitation/Recovery Services 	e. Rehabilitation/Recovery Services 	e. Rehabilitation/Recovery Service 
f. Medical Services	f. Medical Services	f. Medical Services i. Psychiatric Assessment ii. Pharmacological Management iii. Medical Co-morbidity	f. Medical Services 	f. Medical Services 	f. Medical Services 
g. Detoxification Services	g. Detoxification i. social detox	g. Detoxification i. social detox ii. outpatient detox	g. Detoxification i. social detox ii. outpatient detox iii. medical detox	g. Detoxification 	g. Detoxification 

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<b>III. Residential Services</b>			Residential crisis management Specialized drug/alcohol Evaluation/treatment  <b>(Note: ASAM Level III: (Residential / Inpatient Treatment)</b>	Nursing homes Pioneers Homes Specialized vocational rehabilitation  <b>(Note: ASAM Level IV: Medically Managed Intensive Inpatient Treatment)</b>	See Level IV
<b>IV. Inpatient Services</b>			Community Hospitals	See Level III DET Beds	<ul style="list-style-type: none"><li>▪ API</li><li>▪ Geriatric Mental Health</li><li>▪ Assessment/Treatment Facility</li><li>▪ Crisis Respite</li><li>▪ DET Bed</li></ul>

