

Health Websites for Youth Advocates

Health Areas	Examples	Resources
Tobacco, alcohol and other drug use	Legal drugs alcohol, tobacco products (pharmaceutical abuse e.g. stimulants, opiates, barbiturates, etc.) Illegal drugs (e.g. cocaine, LSD, meth-amphetamine, inhalants etc.)	http://www.cdc.gov/tobacco/ www.amchp.org/policy/docs/brief-smoking-youth.htm http://165.112.78.61/Prevention/Prevopen.html www.promisingpractices.net/benchmark.asp?benchmarkid=4 http://modelprograms.samhsa.gov/template_cf.cfm?page=model_list http://casat.unr.edu/bestpractices
Sexual activity	Consequences of,/and practices to prevent pregnancy, sexually transmitted diseases (STI) and HIV/AIDS	http://www.teenpregnancy.org/ www.advocatesforyouth.org http://www.etr.org/recapp/ www.urban.org/pubs/inv_males/index.htm http://msg.calsnet.arizona.edu/fcs/content.cfm?
Mental disorders	Depression, eating disorders, suicide ideation and suicide, schizophrenia bipolar and anxiety disorders	www.mentalhealth.org/suicideprevention/strategy.asp http://www.sprc.org/ http://www.childrendefensetnetwork.org www.ccapt.org/scibase.html www.mentalhealth.org/
Injuries (accidental and intentional)	Violent injuries: assaults & homicide Accidents/Unintentional injuries: motor vehicle crashes, sports, drowning, fires, work-related injuries	http://www.safeyouth.org/ www.cdc.gov/ncipc/factsheets/teenmvh.htm www.childrendefensetnetwork.org www.nhtsa.dot.gov/people/injury/alcohol/youth.htm www.cfchildren.org/strf/strf/strindex www.stopbullyingnow.hrsa.gov/indexAdult.asp?Area=resourcekit www.surgeongeneral.gov/library/youthviolence/toc.html
Overweight, nutrition and physical activity	Nutrition: healthy food vs “junk food” Physical activity, fitness: regular cardiovascular activity, muscular fitness, flexibility; sports	www.cdc.gov/nccdphp/dnpa www.iom.edu/project.asp?id=5867 www.actionforhealthykids.org/index.htm www.flaghouse.com/ www.healthykidschallenge.com http://www.bikewalk.org/ http://www.mayoclinic.com/invoke.cfm?id=SM00044 http://www.verbnow.com/
Chronic conditions and developmental disabilities	Asthma, juvenile diabetes, hearing loss, vision impairment; ADHD (attention deficit hyperactivity disorder), epilepsy, autism spectrum disorders, cerebral palsy, fetal alcohol syndrome, mental retardation Allergies..	http://www.cdc.gov/healthyyouth/ http://www.cdc.gov/nccdphp/dnpa/ www.ncset.org/publications/viewdesc.asp?id=1332 http://www.nhlbi.nih.gov/guidelines/asthma/index.htm http://www.easterseals.com/site/PageServer?pagename=ntl_with_open_arms http://www.kidshealth.org/PageManager.jsp?dn=familydoctor&lic=44&article_set=20079 http://www.youthwork.com/healthphyschron.html http://www.fankids.org/FANTeen/index.html
Quality health care and dental services	Comprehensive health care (including dental care) must address the unique needs of adolescents to assure that services are accessible, affordable, confidential and high quality.	http://www.ama-assn.org/ama/pub/category/1947.html http://www.cdhp.org/Index.asp?PA=1&XX=115&XX=153&XX=175&XX=81 http://www.mchlibrary.info/KnowledgePaths/kp_oralhealth.html
Environmental & Occupational Health & Safety	Occupational Health & Safety	http://www.osha.gov/SLTC/youth/restaurant/index.html http://www.osha.gov/SLTC/teenworkers/index.html http://familydoctor.org/454.xml

General websites for child and adolescent health

Several organizations provide information about multiple health issues, related to what works, best practices and promising approaches to improve child and adolescent health:

<http://www.healthfinder.gov/>

<http://www.mchlibrary.info/>

[http://nahic.ucsf.edu/;](http://nahic.ucsf.edu/)

<http://www.childtrends.org/>

<http://www.promisingpractices.net/>

<http://www.nlm.nih.gov/medlineplus/teenhealth.html>

<http://www.ama-assn.org/ama/pub/category/1947.html>

http://www.allaboutkids.umn.edu/cfahad/index_konopka.htm

<http://www.connectforkids.org/resources3139/resources.htm>

<http://www.nga.org/center/>

Health website sites for youth

<http://www.kidshealth.org/teen/>

<http://www.goaskalice.columbia.edu/about.html>

http://www.bam.gov/flash_elli.html

<http://www.freevibe.com/index.asp>

<http://www.youthwork.com/links.html#yth>

Health websites for Parents

<http://www.nlm.nih.gov/medlineplus/teenhealth.html>

<http://www.mentalhealth.org/15plus/default.asp>

<http://www.family.samhsa.gov/talk/>