

# Division of Behavioral Health

## Recipient Eligibility & Rights



Training: Integrated Behavioral Health Regulations

-7 AAC Chapter 70

- 7AAC Chapter 135

August/ September 2011

# Medical Assistance/Medicaid

- Mostly services are jointly financed by federal and state funds (Medicaid, Denali KidCare)
- Chronic & Acute Medical Assistance (CAMA) program is funded solely with state funds
- Administered by each state
  - In Alaska, administered by the Department of Health & Social Services (DHSS)
  - Payments are made directly by the State of Alaska to the health care providers that furnish services

# Medicaid Payment and BH Services

- Before Medicaid dollars can pay for Behavioral Health Services, the individual must be eligible for Medicaid.
- There are various paths to Medicaid eligibility and the Division of Public Assistance is responsible for determining eligibility for all categories, except children in State Custody.
- The provider should request to see proof of eligibility at the time of service by viewing the recipient's coupon or card issued by Division of Public Assistance (Medicaid coupon, Denali KidCare Card)

# Coverage by Other Health Plans

- If the recipient is covered (is eligible) for benefits by another public or private health plan, that plan must be billed before billing Medicaid
  - Medicare recipients with “Dual Eligibility” under both programs (i.e. disabled adults and adults over age 65 may be eligible under both Medicare and Medicaid)
  - Military and Veteran’s Benefits
  - Private Health Insurance
- The recipient’s card/coupon will include Resource Code and/or Carrier Code to designate this coverage

# CAMA

- CAMA is the acronym for Chronic and Acute Medical Assistance.
- CAMA **IS NOT** Medicaid, CAMA is:
  - 100% state fund Medical Assistance for a limited number of health conditions, and
  - Has very limited coverage
- Community Behavioral Health services are not covered by CAMA
- CAMA coverage also includes limits the number of medications a person can receive in a month

# Who is eligible for behavioral health services

- An Individual who is experiencing a short term crisis
- An individual with a maladaptive pattern of substance use
- A Youth experiencing severe emotional disturbance (SED) or youth in imminent risk of out of home supervision or custody by the state due to an emotional or behavioral disorder
- An Adult experiencing a severe mental illness (SMI)

# Target Population for Behavioral Health Clinic Services

- Child experiencing an emotional disturbance
- Child experiencing a severe emotional disturbance
- Adult experiencing an emotional disturbance
- Adult experiencing serious mental illness

# Target Populations for Behavioral Health Rehabilitation Services

- An individual experiencing a substance use disorder (Child or Adult)
- Child experiencing a severe emotional disturbance
- Adult experiencing a serious mental illness

# Client Rights

- Developing and Reviewing Treatment Plan
- Requesting a specific form of treatment
- Refusing a specific treatment
- Being informed of treatment progress
- Right to review and read record with staff
- Name, purpose and side effects of medications
- Written summary of treatment including discharge & transitional plans
- Confidentiality